



LITHUANIAN ROWING FEDERATION

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Before arrival receive a PAPER BLANK FORM for of your negative antigenic swab test result carried out no earlier than 72 hours before entering Lithuania or document which confirms that you have gone through the full program of COVID-19 vaccination with vaccine registered in the Union Register of Medicinal Products.

The organizing committees are required to adopt, for each event, in conjunction with the local authority health, specific operational and implementation protocols containing the details of the organizational systems used to protect the health of their staff, operators, athletes and participants in the event.

These events are possible in compliance with the rules of social distancing prescribed by government provisions and without any gathering, after preparation by the Organising Committee of their own operational protocols, implementing the Guidelines issued by the Government.

The operational protocols of the Organizing Committees may be subject to further implementations or corrections following any guidelines issued by other ministerial or regional authorities.

The main actions to be taken to be able to carry out sporting events safely and according to the guidelines of the authorities are:

- social distancing obligation, a minimum of 2 meters
- obligation to use masks
- wash or sanitize hands very often
- limit gatherings as much as possible and prevent potential risk situations
- frequently sanitize the sports facility and all areas of potential contagion
- carry out the event behind closed doors, access to the event only for athletes, professionals, volunteers after accreditation and authorization of the state of health.
- temperature measurement before accessing the sports facility. Access will not be allowed in the event of temperatures above 37.5 degrees Celsius.

Relevant information about regulations on Covid-19 can be found here:

<https://koronastop.lrv.lt/en/>

Information about travel restriction can be found here:

<https://www.lithuania.travel/en/news/covid-19-in-lithuania-information-for-tourists?fbclid=IwAR2ibYJISEwrmK--MbhzDIab9RFteJib-xpvPe4DzTI7fEAM2yk-IXPjdak>

<https://nvsc.lrv.lt/en/information-on-covid-19/for-arrivals-from-abroad>

<https://nvsc.lrv.lt/en/information-on-covid-19/for-arrivals-from-abroad/everything-you-need-to-know-about-isolation/isolation-exemptions>