

2021

**europaean
rowing[®]**

**under 23
championships**



**Kruszwica
Poland**

4-5 September 2021

Kruszwica Poland

TEAM MANAGER'S MANUAL



**Kafue
River & Rowing
Centre**



**Ministerstwo
Kultury
Dziedzictwa
Narodowego
i Sportu**



WOJEWODA
KUJAWSKO-POMORSKI



URZĄD MARSZAŁKOWSKI
WOJEWÓDZTWA
KUJAWSKO-POMORSKIEGO



KRUSZWICA



**POWIAT
INOWROCŁAWSKI**
STAROSTWO POWIATOWE
W INOWROCŁAWIU



**GAZETA
pomorska**

ORGANIZING COMMITTEE

OC and Regatta Venue Address :

Półwysep Rzępowski, 88-150 Kruszwica Poland

Phone : +48 536 587 978

E-mail : BeataKruszwica@wp.pl

Website : <http://www.eru23ch2021.com>

Honorary Organizing Committee

Mikołaj Bogdanowicz

Kuyavian-Pomeranian governor

Piotr Całbecki

Marshal of Kuyavian-Pomeranian
Voivodeship

Dariusz Witczak

Mayor of Kruszwica

ORGANIZING COMMITTEE

Competition Office

- | | |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Stefan Janeczek - | Vice President of the Organizing Committee. The President of Kuyavian-Pomeranian Regional Rowing Association. The President of „Gopło” Kruszwica Rowing Club |
| Robert Zaborski - | Vice President of the Organizing Committee. The General Secretary of Polish Rowing Association |
| Franciszek Kamiński - | Member of the Polish Rowing Association Management. The President of the Committee for Organizing Rowing Competitions in Poland |
| Zofia Ziółkowska - | Secretary of Kuyavian-Pomeranian Regional Rowing Association |
| Mirosław Ziółkowski - | Municipal Council in Kruszwica |
| Lech Jarząbek - | Secretary of „Gopło” Kruszwica Rowing Club |
| Maciej Banachowski - | President of the Regional Water Volunteer Rescue Service in Kruszwica |
| Paweł Kazubowski - | Commandant of the Police Station in Kruszwica |

WORLD ROWING

World Rowing

President	Jean-Christophe Rolland
Vice-President	Tricia Smith
Executive Director	Matt Smith
Treasurer	Gerritjan Eggenkamp
Council Representative	Patrick Rombaut
Council Representative	Rosie Mayglothling
Council Representative	Eva Szanto
Technical Delegate	Nikola Stojic
President of the Jury	Fabio Bolcic
World Rowing Doctor	Henning Bay Nielsen
Event Manager	Christine Jacobsen
Athletes Commission Chair	Frida Svensson

WR office is located in the historic club building.

European Rowing Management Board

President	Ryszard Stadniuk
Member ERMB	Annamarie Phelps
Member ERMB	Eva Szanto
Member ERMB	Patrick Rombaut
Member ERMB	Nebojsa Jevremovic
Member ERMB	Dusan Machacek
Member ERMB	Algirdas Raslanas

GENERAL INFORMATION

Important Phone Numbers

Emergency: 112

Medical: 998

Regatta Venue: +48 536 587 978

Team Information centre

Beata Marecik

Phone number: +48 536 587 978

The Team Information Centre is located in Accreditation Centre and is open from 7.00 to 19.30. Mailboxes for all National Federation are located at Information Centre, in the Athletes Area. The office provides information regarding: - **official announcements**; - **general notices**; - **start lists**; - **results**. Team managers are free to receive other information or raise needed issues there.

GENERAL INFORMATION

Venue and Course Opening times

Training days - Thursday, 02 September & Friday, 03 September:

Venue opening times: 06:30 – 20:00hrs

Course opening times: 07:00 – 19:30hrs

Racing day I - Saturday, 04 September:

Venue opening times: 06:30 – 20:00hrs

Course opening times: 07:00 – 08:45hrs | 12:20 – 14:45hrs | 16:50 – 19:30hrs

Racing day II - Sunday, 05 September:

Venue opening times: as of 06:30

Course opening times: 07:00 – 08:45hrs

Please be aware that due to Covid-19 measures spectators will not be allowed at the 2021 ERU23CH

Meetings

Team Managers Meeting & Draw: Friday, 03 September 2021, 17:00 hrs

First Jury meeting: Friday, 03 September 2021, 18:00 hrs

The Team Managers Meeting and Draw will be held virtually in accordance with the Covid-19 Response Plan. Further information and a link to the virtual meeting will be shared in due time.

TRAINING AND COMPETITION ON THE COURSE

Control Commission

The Control Commission is located between the incoming and outgoing pontoons. The Control Commission will be in operation during all times the course is officially open.

Crew Photos

Team Managers will be notified of the athletes that have not yet had their photographs taken for the World Rowing athlete database. These athletes should have their passport style photograph with a light background emailed to registration@worldrowing.com by 14:00 hrs on the day of the Draw..

Bow Numbers

The boat numbers will be distributed to the crews on the outgoing pontoon and collected on the incoming pontoon.

TRAINING AND COMPETITION ON THE COURSE

Advertising

Please check the WR Rules of Racing and related Bye-Laws to ensure that your racing uniforms and boats comply with the advertising rules.

Boat Weighing

Boat weighing station will be located in the center of the marina. Test scales will be available from Wednesday 30th August, at all times that the venue is open, except during racing.

Athlete Weighing

Athlete weighing station will be located in a tent on the marina center. Test scales will be available from Wednesday 30th of August, during opening hours of the venue.

TEAM FACILITIES AND SERVICES

Contact person, translator

Stanisław Janeczek +48 694 817 560

Boat Storage

The boat racks are situated in the boathouse area. The Organizing Committee will assign boat racks for all boats. Teams are responsible for their boats to be safely tied to the racks and are in no risk to be damaged due to adverse weather conditions.

Launch Pontoons

There is one outgoing and one incoming pontoon.

Boat Repair

Boat repair station is located at the rowing harbor

Boat Washing

No chemical detergents or other sources of environmental pollutants should be used during boat washing. The boat washing area is located in front of the boathouse.

Ergometers

Ergometers for training and warming up or cooling down will be provided – see the map of the venue. These will be positioned 1.5m apart to ensure safe distance between athletes. Each athlete must disinfect the equipment before and after use.

Team tent area

It is possible to rent a tent from the OC. Individual pricing. Please send you requests to beatakruszwica@wp.pl. In case you want to bring your own

TEAM FACILITIES AND SERVICES

tent, please indicate the dimensions and further details to the OC. If you have not discussed this yet, please contact beatakruszwica@wp.pl as soon as possible."

Sanitary facilities/toilets

The toilets and showers are in the center of the marina. Showers will be closed and not available for use except in exceptional cases permitted by the OC Covid Manager for Teams going to the airport immediately after races.

Cooling baths

There is no possibility of use cooling baths at the venue.

Bag storage

There will be a secure area in the box departue platform for athlete's bag storage. The bag drop-off will be open during the official opening hours of the course.

Rest area

The resting area is in the tent located on the hill.

Viewing for Athletes

Athletes can watch the races from the grandstands at the Accreditation Centre.

Coaches Viewing

It is not possible to follow the races.

Bike rental

Bike rental: There will be no bike rental services provided by the 2021 ERU23CH OC."

MEDICAL FACILITIES AND SERVICES

Rescue and Safety

There will be an on-water rescue team in charge of on-water rescue during official hours of the regatta course. Two ambulances will be on duty at the marina.

Doping Control

The Doping Control Centre is located in the Medical Centre above boathouse. All doping control tests will be conducted in accordance with WADA and WR requirements. For all information about the Anti-Doping controls and procedures, please refer to the World Anti-Doping Code and International Standards available on the website www.wada-ama.org and the WR Anti-Doping Bye-Laws. Further information is available on the WR website www.worldrowing.com

Massage

The massage facility is located in the rest tent on the parking lot, above athletes area. The Organizing Committee does not provide physiotherapists' care.

MEDICAL FACILITIES AND SERVICES

Emergency

In case of a (medical) emergency, immediately call 112.

Medical centre Manager: dr **Jacek Uchański** Phone number: +48 **694 817 590**. The Medical Centre is located in the athletes area, by the entrance (from the shuttle bus drop off) and will be open during the opening times of the venue. First aid will be available during opening times.

Dental Service

Dentist Danuta Jarząbek Phone number: + 48 609 404 496
Kujawska 8, 88-150 Kruszwica

Local Hospital

Wielospecjalistyczny Szpital Miejski im. Dr. Ludwika Błażka - Located 13 kilometres from the venue, Poznańska 97, 88-100 Inowrocław, phone number: + 48 52 354 55 00

Pharmacy

Pharmacy Vitafarm Niepodległości 4, 88-150 Kruszwica, +48 691 390 678

Note: *the expenses for any medical treatment are the responsibility of the patient. All national federations are responsible for adequate insurance of their team members according to Rule 15 of the WR Rules of Racing.*

TRANSPORTATION AND PARKING SERVICES FOR TEAMS

Airport/Railway Transport

Arrival Airport

There will be a welcome desk for the teams and the host will guide them to their hotel shuttle. You will find in front of the main entrance. It will have the logo of the Championship

Arrival at Train station

A host will welcome the teams at the train station and guide them to their hotel shuttles. You will find the host at the arrival platform.

Contact to the transport department

Phone number: +48 536 587 978

Local Transport

Transfer between accommodation and venue

The buses will wait in front of your hotel. To go from the venue to the hotel you can get onto the buses at the athlete bus drop off point. The official transport service will operate from **September 1th to September 5th of September**. Transport before these dates is available upon request. The service will operate from 06:00 to 20:00 on training days and from 06.00 to 20.00 on racing days.

Buses will be waiting in front of the Hotel from 6:00, to take participants to the race track.

The local shuttle schedules will be displayed in the team hotels.

Transportation lists will be available for inspection at the Accreditation Center, and at the hotel receptions. Please read them.

We try to arrange transport with the same vehicle and driver for each team in order to minimize interpersonal exchange

Transport on request will be available by e-mail: BeataKruszwica@wp.pl

Local shuttle requests need to be submitted by the Team Managers by 14:00 hrs for the following day"

TRANSPORTATION AND PARKING SERVICES FOR TEAMS

Transportation Office

Beata Marecik - Phone number: +48 536 587 978.

The transportation centre is located in the information centre office. Transportation is free of charge, only for the teams which booked accommodation with the Organizing Committee. BeataKruszwica@wp.pl
The office is open daily from 7-18

The below transport services are provided to them:

- 1) Bus transfer from airport/train station to the hotels or to the regatta venue. The Organising Committee will provide transfers to and from the train stations listed below Airport/Train Station for OC pickups & drop-offs:
 - Bydgoszcz airport (BZG) / Bydgoszcz Train Station
 - approx. 1 hour drive from the venue
 - Poznan Airport (POZ) / Poznan Main Station
 - approx. 2 hours drive from the venue
 - Gdansk Airport (GDN) / Gdansk Main Train Station
 - approx. 2,5 hours drive from the venue.
 - Warsaw Airport (WAW) / Warsaw Main Train Station
 - approx. 3 hours drive from the venue.
- 2) Bus transfers from their hotels to the venue and back. 3) Bus transfers from their hotels or the venue to the airport/train station.

Bookings for these services can be made as follows:

- 1) All teams will be requested to share their arrival and departure details. Each team will be contacted by the Transportation Manager to confirm their shuttle upon arrival to their hotel.
- 2) All teams are to complete the departure transportation request until Saturday, 04 August, 12:00hrs"

There is a possibility of transportation on request, in that case please contact the Accreditation Office BeataKruszwica@wp.pl
The transport office is open daily 07:00-20:00

ACCOMMODATION

All teams must be accommodated in the official hotels of the Organizing Committee. For security reasons, accommodation will not be allowed outside of the official hotels. This will ensure that all participants follow the same protocols and procedures.

Accommodation office

Manager: Beata Marecik

Phone number: +48 536 587 978

E-mail address: BeataKruszwica@wp.pl

Washing and drying facilities

Each hotel has its own arrangements concerning the washing and drying facilities. Please contact your host or the reception desk at your hotel.

TRANSPORTATION AND PARKING SERVICES FOR TEAMS

Team Vehicles and Parking

The parking for vehicles having a parking pass, is located by the entrance to the regatta course. The parking pass is available on request at the OC office.

Boat trailers

The trailers can be unloaded in the boathouse area. After unloading, the trailers must be moved immediately to the trailer parking area above the athletes area. Trailers will be allowed to the boathouse area again on the 5th September, half an hour after the final race.

ACCOMMODATION LIST

List of Accommodations:

1. Oaza Hotel

ul. Świętokrzyska 76, 88-100 Inowrocław, phone +48 52 311 15 00

2. Hotel Bast

ul. Królowej Jadwigi 35 , 88-100 Inowrocław , phone + 48 52 357 20 24

3. Focus Hotel Premium

ul. Solankowa 17, 88-100 Inowrocław , phone + 48 52 511 41 41

4. Hotel Park

ul. Świętokrzyska 107, 88-100 Inowrocław, phone +48 52 355 53 73

5. Zajazd u Piasta Kołodzieja

ul. Zamkowa 10, 88-150 Kruszwica , phone +48 52 351 53 12

6. Hotel Crystal Janikowo

ul. Topolowa 15, 88-160 Janikowo, phone + 48 52 354 50 10

7. Zajazd Radziejów

ul. Kościuszki 58, 88-200 Radziejów, phone 516 086 401

8. Rezydencja Pod Tężniami

ul. Przy Stawku 8, 88-100 Inowrocław, phone 52 356 42 00

9. Zajazd Pod Kogutkiem

Busewo 1, 88-320 Busewo, phone 692 416 432

10. Apartamenty Platinum

ul. Królowej Jadwigi 24, 88-110 Inowrocław, 533 352 323

11. Gęsia Saga

ul. Letnia, 88-150 Grodztwo, phone 790 522 542

12. Zaplecze socjalno-noclegowe OSiR

Inowrocław ul. Daniela Rakowicza 93, phone + 48 52 35 55 364

FOOD FACILITIES AND SERVICES

Meal Times

At the hotels:

Breakfast: 6.30 - 10.00

Dinner: 18.00 - 21.00

Lunch at the regatta venue:

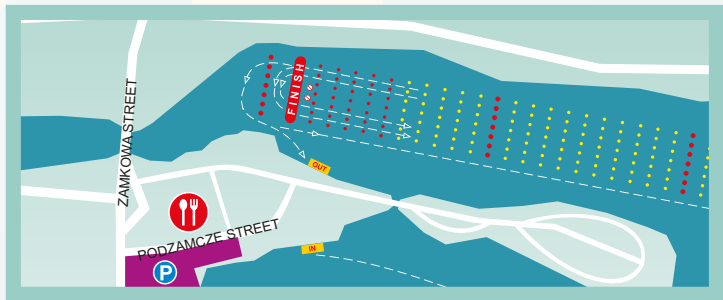
12.00 – 16:00

General Information

Teams who have booked their accommodation through the OC, reside at selected hotels on a full board basis. Breakfast, lunches and dinner are included. Please be advised, that tap water in Poland is drinkable. Athletes are encouraged to use their reusable water bottles. You must have a food voucher to use the meals. It will be issued when you receive your accreditation.

Lunches at the Venue

The athletes' restaurant (at the regatta venue) is located next to the race track. Please note: Lunch will be provided at the regatta venue only. Lunch vouchers will be needed to have access to the athletes' restaurant. Teams that have booked accommodation through the OC can pick up their lunch vouchers during the accreditation



ACCREDITATION

Accreditation Office

Manager: **Beata Marecik**

Phone: +48 536 587 978

E-mail address: BeataKruszwica@wp.pl

The Accreditation Office is located in the main building and is opened during opening times of the venue.

General

Accreditation Centre opens on the Thursday 1st September and is located at the Accreditation Office. All participants in the event must be accredited. Only the Team Manager will be allowed to enter the Accreditation Centre and needs to collect all accreditation cards by presenting the Pre-Event Health Questionnaires and National Federation Consent Form together with the PCR-tests in paper and in alphabetical order (last name). The opening times of the Accreditation Centre are as follows:

- 1st September from 8.00 to 20:00
- 2nd September from 8.00 to 20:00
- 3rd September from 8.00 to 20:00
- 4th – 5th September from 07.00 to 19.30

ACCREDITATION

Entries

Entries will close on Friday, 20 August 2021.

Entries can be submitted online via WR database:

<https://rowingtwo.sportresult.com/>

For any questions related to the entries process please contact registration@worldrowing.com

WR Biography and Commitment Forms

All competitors and team officials, who have not already done that are required to sign the WR Commitment Form and complete the Athlete Biography form. These forms will be distributed to the Teams by WR and should be returned to the WR representative in the Accreditation Office, before the Draw, and in the WR office after the Draw.

Crew Changes:

Team Managers are requested to check the entry forms by 14:00 hrs on 03 September (3 hours before the Draw). If there are changes in the crews or differences in the spelling of the names, they must complete Crew Change Forms and submit them immediately electronically to World Rowing via registration@worldrowing.com. For medical substitutions and withdrawals, please contact the World Rowing Doctor.

Accreditation

Any accreditation requests for non-athletes (e.g. Team Managers, coaches, physiotherapists) shall be submitted to the OC Beata Kruszwica@wp.pl before 23 August 2021 r

MEDIA

Media Centre

Manager: Przemysław Bohonos

The Media Centre is located below the grandstands.

Opening hours

September 3 - 06:30 to 20:00

September 4 - 06:30 to 20:00

September 5 - 06:30 to 20:00

Accreditation

International and local media should seek accreditation through WR www.worldrowing.com/mediacenter. All media can pick up accreditation at Accreditation Centre starting 1th September

Interviews & press conferences

Information on interview requests, press conferences and the mixed zone will be available in media information centre. The WR media staff will inform Team Managers, ahead of time, for interview requests.

Live streaming

On Saturday and Sunday, there will be a live streaming.

There will be a live broadcast on Saturday and Sunday. The link to the live stream will be published on the OC website and on worldrowing.com prior to the event

MISCELLANEOUS SERVICES

Banking

The currency in Poland is Złoty. You can find a foreign exchange service in every hotel.

Internet & Wi-Fi

Each hotel has its own arrangements concerning Wi-Fi. Please contact the reception desk at your hotel. At the venue, free Wi-Fi is available: network: **European Rowing Championship**, password: **rowing2021**

Lost and Found

The lost and found facility is located in Luggage storage room.

Shops/Markets

The closest market is Galeria Solna in Inowrocław.

Tourist Information

For information about the tours (inside and outside of Kruszwica), visit the Team Information Centre.

OFFICIAL CEREMONIES AND SOCIAL EVENTS

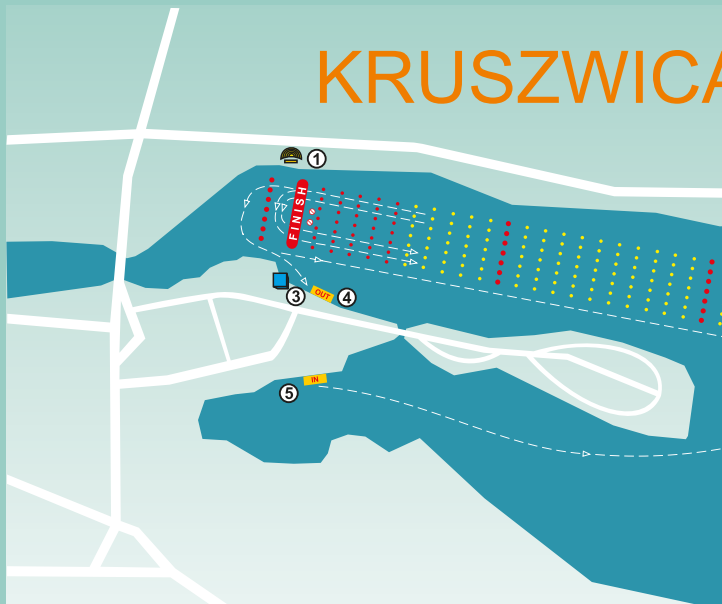
Victory Ceremony

The ceremony will be with as few people as possible and contactless. Tables with medals will be prepared on stage and one person will accompany the athletes to their positions (bronze, gold, silver). The athletes will take the medals themselves. The flag will be raised and the anthem of the winner will be played. Then they can take a picture and leave the stage.

APPENDIX



KRUSZWICA



TRAFFIC RULES

ZASADY POROZUMIENIA
PO TORZE W CZ...

A - POLAND



ES - TRAINING

PRUSZANIA SIĘ
NASIE TRENINGU

1. AMFITEATR
2. WYSPA STARTOWA
3. WIEŻA SĘDZIOWSKA
4. POMOST DOJAZDOWY
5. POMOST ODJAZDOWY

APPENDIX





REGATTA COURSE

KRUSZWICA – POLAND

TRAFFIC RULES RACING

COVID-19 RESPONSE PLAN

- The current version of the OC's COVID-19 Response Plan will soon be here: <http://eru23ch2021.com/>
Current information available here: <https://www.gov.pl/web/coronavirus>
- All participants must:
 - o Pay attention to surface hygiene – disinfect hands frequently
 - o Practice Social Distancing of at least 1.5 meters
 - o Avoid physical contact such as hugs or handshakes
 - o Wear masks at all times – except when in a boat/warm-up ergometer/eating and drinking
- The price for a quick antigen test is 35 euros. The waiting time for the result is 15-20 minutes

KEY VENUE INFORMATION

- Accreditation is required of all participants at the event including athletes, coaches, volunteers, World Rowing officials. No entrance to the venue without accreditation.
- All participants must complete a daily symptoms questionnaire every day until their departure. Additionally, temperature checks will be carried out at the entrance to the venue. Anyone with a temperature above 37.5 degrees Celsius will be separated for follow up procedures.
- The follow up procedures for any person measuring a temperature of over 37.5 Celsius shall be published by the OC ahead of the event.
- Accommodation must be booked through the OC to ensure the protocols and hygiene standards are followed.
- Lunch at venue: There will be no self-service catering arrangements. Athletes may only eat in dedicated areas. Further information related to catering will be communicated later.
- Transport: The OC are supporting the “team bubble” concept and will be dedicating vehicles and drivers to teams and limiting cross over between teams.

COVID-19 RESPONSE PLAN

ENTRY RESTRICTIONS TO POLAND

- When entering via an external EU border, a 10-day quarantine obligation applies. When entering from EU countries, quarantine is mandatory for 10 days, regardless of the kind of transport that was used. <https://www.gov.pl/web/coronavirus/travel>
- The quarantine obligation does not apply if a negative COVID-19 test result (PCR or antigen not older than 48 hours) is presented upon entry (or in case of travelers from the Schengen area after arrival at the airport, before the border check).
- Persons who can prove that they have been vaccinated against COVID-19 with a vaccine approved in the EU are exempt from the quarantine obligation.

COVID-19 TESTS FOR RETURN

- If your team needs a negative PCR test result for return travel, please inform the OC.
- The OC will try to arrange on-site testing facilities for those teams which would need a negative COVID-19 test for returning to their home country.
- Costs to be covered by Member Federations.
- The PCR test can be done on the premises of the rowing club. The price of the test is 70 euros, waiting for the result about 6 hours. The smear point will be open from 8 am to 4 pm. The cost of a quick antigen test is 35 Euro. Waiting or the result 15-20 minutes.

COVID-19 RESPONSE PLAN

DOCUMENTS REQUIRED FROM TEAMS

- Pre-Event Health Questionnaire - To be completed by all accredited participants and submitted by 1.09.2021 before arrival at the event. Once completed and signed, this form can be scanned and sent to: kruszwica2021@wp.pl
The Member Federation Consent Form must be submitted on arrival at the accreditation centre before entering the venue.
- These forms need to be completed and returned to the OC in order to receive accreditation. The Member Federation Consent Form must be submitted on arrival at the accreditation centre before entering the venue."

"All participants are required to present a negative PCR test result taken within 72 hours before accessing the regatta venue."

TEAM AND OFFICIALS BEHAVIOUR 1

- Teams and officials are required to remain within their "team bubble" and not leave the venue or hotel unless travelling between the two.
- If someone has symptoms or is tested positive during the event, the local authorities will check the whole team for "close contact" and possibly isolate them too
- Teams are encouraged to make "micro bubbles" of individual crews to avoid "close contact" if someone has symptoms or a positive test.
- Limit interaction with other people where possible.

COVID-19 RESPONSE PLAN

TEAM AND OFFICIALS BEHAVIOUR 2

- Please respect the World Rowing Member Federation Team Accreditation Policy sent out on 23 April 2021 which explains accreditation for people “essential for racing” only. We are doing our best to keep the boat area as limited as possible to avoid cross infection if something should go wrong!
- To protect the health of all participants, anyone not adhering to the OC COVID-19 Response Plan conditions at the venue or hotels will be immediately disqualified and excluded from the event, at the discretion of the World Rowing Executive Committee.

CONTACT INFORMATION

ORGANISING COMMITTEE

General Questions: BeataKruszwica@wp.pl

COVID Questions: kruszwica2021@wp.pl

Accommodation Booking/Questions: BeataKruszwica@wp.pl

Website: <http://eru23ch2021.com/>

WORLD ROWING

Event Manager: Christine Jacobsen Christine.jacobsen@worldrowing.com

Website: <https://worldrowing.com/event/2021-european-rowing-under-23-championships>

NOTES

A series of horizontal dotted lines for writing notes, set against a background of large, overlapping circles in light blue and light orange.





<http://www.eru23ch2021.com>