



2022 European Rowing Under 19 Championships

21 – 22 May 2022

COVID-19 RESPONSE PLAN

Version 04, at 11.05.2022

1. INTRODUCTION AND LOCAL GOVERNMENT / PUBLIC HEALTH GUIDELINES

This document presents the COVID-19 protocol designed for the 2022 European Rowing Under 19 Championships that will be held in Varese, ITA, 21-22 May 2022. The rules have been developed based on the local regulations with the aim of minimizing the risk of transmission of SARS-CoV-2 as much as possible. It is very important that all participants comply with the rules and respect the general public health regulations for the entire duration of their stay in Varese.

The COVID-10 Situation in Varese & Lombardia region can be found on this link:

<https://www.governo.it/it/coronavirus>

COVID-19 Rules to enter Italy: The latest requirements are noted on the Italian Government website link: [HERE](#). Participating teams are requested to carefully read the rules as they may be different than the requirements to access the event.

Guidelines on staging of sport events in Italy (notice of 29 April 2022)

With the publication of the Ordinance of the Minister of Health of 28 April 2022, as of 1 May 2022, it is mandatory to wear respiratory protection devices type FFP2 for indoor sports events and competitions.

In addition, as required by Decree-Law 24 March 2022, n. 24, also from 1 May 2022, ceases the obligation to hold one of the Green Certifications COVID-19 for public access to events and sports competitions, for access to swimming pools, swimming centers, gyms, team and contact sports, wellness centers, even within accommodation facilities, for activities that take place indoors and for access to areas used for changing rooms and showers.

However, it is suggested that the following precautionary measures be taken:

Distancing

Avoid overcrowding, also through the use of booking systems, especially inside closed places, maintaining an adequate distance in reference to the type of activity carried out.

Hand hygiene

Provision, at the entrance and in several points of the premises, of solutions for the hands, in order to facilitate the frequent sanitation by users.

Surface hygiene

Frequent sanitation of all environments, with particular attention to common areas and surfaces touched with greater frequency.

Aeration

Reinforcement of the natural air exchange or through mechanized systems in closed environments (e.g. keeping open, unless weather conditions or other situations of need do not allow, doors, windows and windows).

2. CONTACT INFORMATION

Organising Committee COVID Manager:

Dott. Ing. Ambra Roversi

covidmanager@vareserowing.com

The e-mail will be active from 17 May 2022.

Before this date refer to the assistant covid manager:

Paolo Cortellezzi

+39.3476462213

Paolo.cortellezzi@yahoo.it

3. REQUIREMENTS TO ACCESS THE EVENT

COVID-19 Rules applicable for the 2022 European Rowing Under 19 Championships

- a. FFP2 Masks should be worn in closed spaces (indoors) and on transport at all times, as well as outdoors where a safe distance of 2m cannot be maintained between participants.
- b. There is **no requirement** for a submission of a **PCR or antigen test result** for teams to access the event.
- c. There is **no requirement** for providing a **vaccination certificate** to participate in the event.

4. VENUE MEASURES

CONTROL COMMISSION:

- All people and staff at Control Commission must wear masks covering the mouth and nose. Regular sanitization of Bow numbers and GPS units would be done. Everyone must maintain an interpersonal distance of 2 metres.

BOATING PONTOONS:

- Will be sanitized frequently. Only athletes and workers will be able to access the pontoons. It will not be allowed to leave personal items on the pontoons.

ON THE WATER FOR RACING/TRAINING/WARM UP:

- There will be no substantial differences regarding the organization of the crews in the water during training and competitions.

Dedicated courses for one-way walking flow will be organized to avoid gatherings and limit as much as possible people crossing paths. The doors must remain open where possible to avoid frequent contact with the hands of different people.

ACCREDITATION, TEAM REGISTRATION & TEAM INFORMATION CENTRE:

- Only one person in the accreditation centre at a time and only the designated Team Manager.
- Plastic shields will be installed to separate volunteers from Team Managers.

BOAT RACKING:

- Boat racking will be assigned by nation (in the case of large groups) to try to limit interaction between athletes from different nations

ATHLETE WEIGHING:

- Only one crew at a time will be allowed in the waiting area. Clear plastic will be installed to separate officials from athletes.
- Test scales will be regularly sanitized

TOILETS AND SHOWERS:

- Frequent sanitation and cleaning will be done

WARM UP ERGOMETERS:

- Ergos will be positioned at sufficient distance from each other based on local government requirements
- Each athlete must sanitize with products made available by the OC before and after use. The OC will in any case provide for frequent sanitation with specialized operators and volunteers
- Teams who wish to bring their own ergometers will be able to; however, they must remain within the confinements of their own team tent to ensure social distancing from other teams. Teams will be responsible for their own frequent sanitation of their machines

TEAM TENTS AND ICE BATHS:

- Each tent will be positioned at a safe distance from each other, and the position will be pre-assigned based on the number of athletes for each team.

TEAM MASSAGE AREAS:

- Each table will be in a separate and dedicated space
- At the end of each session the team must sanitize the area

5. LOGISTICS, MEETINGS AND SOCIAL ACTIVITIES

TEAM MANAGER MEETINGS:

- Team Manager Meetings will be held physically but with sufficient social distancing.

CEREMONIES AND SOCIAL FUNCTIONS:

- Opening and Closing Ceremonies will take place in open air.
- No Media or Jury outing will be held.
- A casual Nations reception will take place on the venue in open air.

TRANSPORT:

- Wearing a mask covering mouth and nose is mandatory within transport buses.
- Transport to and from airports and to and from the venue will follow the same regulations and procedures and will be provided by the OC.
- Shuttle travel will be defined in advance and organized by fixed groups, reducing the crossing of groups during the training and racing days on the site.
- The transfer from hotel–venue–hotel is recommended to be carried out by the OC shuttle service, included in the event service.
 - Teams are able to arrange their own transport, however they are then responsible for their own sanitization and social distancing. More details around logistical requirements for this will be published
- The schedule will be made available and the teams must strictly comply with the scheduled times for each group. The schedules will be fixed every training day, and the teams must choose their departure and return times, with no possibility of alteration after scheduling.
- The shuttle access will be checked by OC people. The number of passengers will be limited to ensure compliance with minimum distance rules. Passengers are asked to not use adjacent seats.
- Grip zones especially for standing passengers will be periodically disinfected at the end of a bus tour.

HOTEL:

- The OC will reserve additional rooms at the hotel in case isolation is needed for someone with a positive COVID test or COVID symptoms.
- Room sharing by athletes who are not on the same boat should be avoided where possible.

6. CASE MANAGEMENT

- Any confirmed or suspected cases must be informed to the OC Covid Manager covidmanager@vareserowing.com or by phone +39 3884979440 (available from 17th may 2022)

Before this date refer to the assistant covid manager: Paolo Cortellezzi Paolo Cortellezzi +39.3476462213 Paolo.cortellezzi@yahoo.it Covid Officer will inform of the next steps.

- Venue/Event Medical team would conduct SWAB tests at the venue to confirm any suspected case

7. ADDITIONAL INFORMATION OR MEASURES

Any participants requiring a “return home” COVID (either PCR or Rapid Antigen) test before leaving Varese, can get in touch with the OC at varesecrowing@gmail.com who will help arrange these tests with a local laboratory. The costs of the tests will be at the charge of the teams.

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